

# LENT 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p><b>JOIN US FOR WORSHIP AND SUNDAY SCHOOL!</b> 18</p>	 <p>Pray for our community leaders. 19</p>	<p>At the family dinner table, discuss how, if you were president, you would lead in a way that reflects the living Jesus. 20</p> 	<p><b>ASH WEDNESDAY</b> 14</p> <ul style="list-style-type: none"> <li>• Talk about Lent.</li> <li>• Attend an Ash Wednesday Service.</li> <li>• Write down what you will give up or take on this Lent.</li> </ul>	<p>Create a Lenten Prayer Station with a candle, cross, and swatch of purple cloth. Use this as a place to stop and remember Jesus' sacrifice each day. 15</p> 	<p>Draw a picture or write a note to give to an older neighbor. Consider visiting a senior living facility. 16</p> 	<p>Serve our homeless neighbors. 17</p> <p>Make bags with socks, a snack, and a bottle of water to hand out. Or sign up to help with Room in the Inn.</p>
<p><b>JOIN US FOR WORSHIP AND SUNDAY SCHOOL!</b> 25</p> 	<p>Pray a healing prayer today for someone who is sick, sad, or lonely. 26</p> 	<p>Give flowers to a grandparent or a God-parent today. 27</p> 	<p>Do a chore by hand instead of using a machine (for example: dishes, laundry, vacuuming). 21</p> 	<p>Make something purple to put in your bedroom or on your bathroom mirror as a reminder of this season. 22</p> 	<p>Send a note to someone in local government, your Church, or school and thank them for leading. 23</p>	<p>De-clutter your closet and donate the things you don't need anymore. 24</p> 
<p><b>JOIN US FOR WORSHIP AND SUNDAY SCHOOL!</b> 4</p> 	<p>Pray for the people in your life who help others. 5</p> 	<p>At the dinner table, take turns sharing stories about people who have helped you this year. 6</p>	<p>Make a list of 3 people you want to tell about Jesus. List how you can be an example of Jesus' love to them this week. 28</p> 	<p><b>MARCH</b> 1</p> <p>Write an apology letter to someone you have hurt or call someone to make amends. 1</p> 	<p>Practice life as a vegetarian today: no meat in anything you eat! If you already do this, share with someone why it is important to you. 2</p>	<p>Invite the person you prayed for on Monday to join you for coffee, ice cream, or to your home for a meal. 3</p> 
<p><b>JOIN US FOR WORSHIP AND SUNDAY SCHOOL!</b> 11</p> 	<p>Pray for the people in your life who help others. 5</p> 	<p>At the dinner table, take turns sharing stories about people who have helped you this year. 6</p>	<p>Do an anonymous good deed for a neighbor, classmate, co-worker, or family member today. 7</p> 	<p>Give an adult in your life an extra hug and tell them you love them. 8</p>	<p>Write a letter of encouragement to a friend today. 9</p> 	<p>Practice a day without technology: any time you crave a screen, say a prayer or take a reflective walk instead. 10</p> 
<p><b>JOIN US FOR WORSHIP AND SUNDAY SCHOOL!</b> 18</p> 	<p>Pray for your teachers, both past and present. 12</p> 	<p>Tell a teacher something you like about his/her class, or tell your supervisor something you appreciate about him/her. 13</p>	<p>At the dinner table, talk about your favorite teacher and how that person affected your life. 14</p> 	<p>Spend 5 to 10 minutes in the stillness of the morning asking God _____ (fill in the blank). 15</p>	<p>Fast from saying anything negative today. 16</p> 	<p>Visit a gravesite of a family member or friend who has died and remember them. 17</p> 
<p><b>JOIN US FOR WORSHIP AND SUNDAY SCHOOL!</b> 18</p> 	<p>Pray for God to help you understand better or know more about something you struggle with. 19</p> 	<p>Write a letter of forgiveness to someone who has hurt you or made you sad. 20</p> 	<p>Practice active listening. When someone tells you a story, ask them to tell you more. 21</p>	<p>Phone a family member you don't see often. 22</p> 	<p>See beauty in everything. List 3 things you find annoying and come up with 2 positives for each thing. 23</p> 	<p>At dusk, travel with your family to a place where you can stargaze. Spend time basking in the vastness of God's beauty. 24</p> 
<p><b>PALM SUNDAY</b> 25</p> <p>Go to Church and remember Jesus' triumphant entry into Jerusalem.</p> 	<p>Read Mark 15:1-39, with a family member and discuss how it makes you feel. 26</p> 	<p>Write a letter to God about something that is on your heart. 27</p> 	<p>Practice 5 minutes of quiet meditation with this breath prayer: Inhale and say, "Come Lord Jesus," and exhale while saying, "Be here now." 28</p> 	<p><b>MAUNDY THURSDAY</b> 29</p> <p>Prepare a meal as a family and eat together, remembering Jesus' last supper.</p> 	<p><b>GOOD FRIDAY</b> 30</p> <p>Attend the Good Friday Service for Families at 10:00 AM or Stations of the Cross at 1:30 PM.</p>	<p><b>HOLY SATURDAY</b> 31</p> <p>Prepare dough to make hot cross buns and watch it rise, remembering how we wait for the risen Christ.</p> 

**APRIL**

**EASTER SUNDAY** 1

Go to church and celebrate the Risen Lord!



## PREPARE - PRAY - PRACTICE

If you would like more ways to plug into your Spiritual Home this Lent, contact Lindsay Masi, Director of Children's Ministry, at masiL@christchurchcharlotte.org.

WE HOPE THIS CALENDAR  
WILL HELP YOU AND YOUR FAMILY  
TO BE MORE AWARE OF THE WAYS  
WE CAN SEE JESUS AND ACT  
LIKE JESUS AS WE LIVE OUR LIVES  
DURING THIS SEASON OF LENT.

## HOLY WEEK SCHEDULE

### PALM SUNDAY, MARCH 25

#### Holy Eucharist & Liturgy of Palms

7:00 AM, Church

8:45 AM, Church and All Saints' Hall

11:15 AM, Church and All Saints' Hall

5:00 PM, Church

### MAUNDY THURSDAY, MARCH 29

Holy Eucharist, 7:00 AM, Chapel

Holy Eucharist, Foot-washing and

Stripping of the Altar, 7:30 PM, Church

### GOOD FRIDAY, MARCH 30

Children's Service, 10:00 AM, Church

Good Friday Liturgy, Noon, Church

Stations of the Cross, 1:30 PM, Church

### HOLY SATURDAY, MARCH 31

Holy Eucharist and Baptism, 5:00 PM, Church

### EASTER SUNDAY, APRIL 1

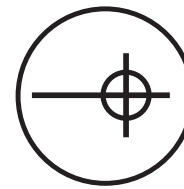
#### Holy Eucharist

7:00 AM, Church

8:45 AM, Church and All Saints' Hall

11:15 AM, Church and All Saints' Hall

5:00 PM, Church



Christ Church Charlotte

CHRIST EPISCOPAL CHURCH

1412 Providence Road

Charlotte, NC 28207

CHRIST CHURCH 2018

# FAMILY LENTEN CALENDAR

40 DAYS OF LENT  
CHARITY + ALMSGIVING  
FASTING  
REFLECTION  
CONVERSION  
LOVE  
CROSS  
MERCY  
PENANCE  
PRAYER